

# Safe Online Chatting

Online chatting and friendships can be fun! If you can tick off all of these, then you're ready to chat and message online safely.

- I will only chat on age-appropriate websites that are monitored.
- I have permission from my parents or guardian to chat on that site or app.
- I will pick a username that does not include private identity information.
- I will check with a parent or guardian before messaging someone who is not a friend I already know in real life.
- I will always check with an adult before clicking a link or attachment from an online friend.
- I know what kinds of information should be kept private and will not give out private information to anyone online.
- I know I don't have to answer questions that make me uncomfortable and I will leave the site and tell a trusted adult if I am worried about an online conversation.
- I will never meet someone in person who I first met online without asking, and then bringing, a parent or guardian.

